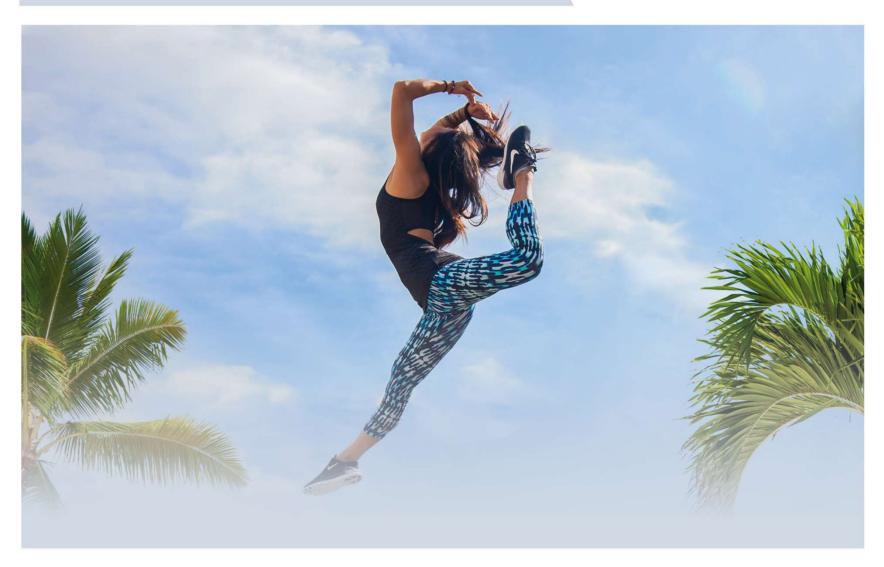


WELLNESS 2025 JUNE 1st





ACTIVITIES & WORKSHOPS Yoga

Workshop & Class Wellness Dining









JUNE 2nd - 8th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
2-JUNE Healthy Drink & Corner At Caprichos Resta 8:00 am Yoga At TierraLuna Gar	8:00 am Yoga	8:00 am Yoga	5-JUNE Healthy Drink & Corner At Caprichos Restaurante 8:00 am Yoga At TierraLuna Gardens	7:00 am Healthy Drink & Corner At Caprichos Restaurante 8:00 am Yoga At TierraLuna Gardens	7-JUNE Healthy Drink & Corner At Caprichos Restaurante 8:00 am Yoga At TierraLuna Gardens	7:00 am Healthy Drink & Corner At Caprichos Restaurante	
Road to the Pyra 9:30 am "El Meco"* Meeting point Motor 10:00 am Mayan Ritual		Road to the Pyramid 9:30 am "El Meco"* Meeting point Motor Lobby 10:00 am Mayan Ritual	y 10:00 am Mayan Ritual	Road to the Pyramid 9:30 am "El Meco"* Meeting point Motor Lobby 10:00 am Mayan Ritual	y 10:00 am Mayan Ritual	Road to the Pyramid "El Meco" Meeting point Motor Lobby 10:00 am Mayan Ritual	
At Pergola Zamá	At Pergola Zamá	At Pergola Zamá	At Pergola Zamá	At Pergola Zamá	At Pergola Zamá	At Pergola Zamá	
10:00 am Cold Press Juio At Lobby Bar	Cold Press Juice At Lobby Bar	10:00 am Cold Press Juice At Lobby Bar	10:00 am Cold Press Juice At Lobby Bar 10:00 am Zumba Kids	10:00 am Cold Press Juice At Lobby Bar Coco Locos, Pa ai's & Margaritas	10:00 am Cold Press Juice At Lobby Bar 10:00 am Yoga Kids	10:00 am Cold Press Juice At Lobby Bar	
Honey Recipes 11:00 am Workshop	Essential Oil 11:00 am Synergies Workshop	Massage Lessons by Village Spa	At the Kids Club Facial Cleansing Workshop	At the Main Pool Body Scrub 11:00 am Workshop	At the Kids Club 11:00 am Healthy Refreshers	11:00 am Healthy Refreshers	
At Pergola Zamá 11:00 am Healthy Refres	At Pergola Zamá ners 11:00 am Healthy Refreshers	At Pergola Zamá 11:00 am Healthy Refreshers	At Pergola Zamá 11:00 am Healthy Refreshers	At Pergola Zamá 11:00 am Healthy Refreshers	At Main Pool by Zak	At Main Pool by Zak	
At Main Pool by Za 12:00 pm Aquaerobics At the Main Pool		At Main Pool by Zak 12:00 pm Aquaerobics At the Main Pool	At Main Pool by Zak 12:00 pm Aquaerobics At the Main Pool	At Main Pool by Zak 12:00 pm Aquaerobics At the Main Pool	12:00 pm Aquaerobics At the Main Pool	12:00 pm Aquaerobics At the Main Pool	
2:00 pm Guacamole Cl. At Legends Restau 3:00 pm Nail Spa At the Kids Club	At the Main Pool 2:00 pm Healthy Cooking	2:00 pm Kids Mocktails At Legends Restaurant	2:00 pm Tequila Tasting* At Pergola Zamá	3:00 pm Painting Hour At the Kids Club		2:00 pm Kids Cooking Class At Davino Restaurant Crazy Hairstyles At the Kids Club	

ACTIVITIES & WORKSHOPS Yoga Yoga

Stay Fit Workshop & Class Wellness Dining









JUNE 9th - 15th

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
ç	JUNE	10·JUNE		11·JUNE		12·JUNE		13·JUNE		14·JUNE		15·JUNE	
7:00 am	Healthy Drink & Corner	7:00 am	Healthy Drink & Corner	7:00 am	Healthy Drink & Corner	7:00 am	Healthy Drink & Corner	7:00 am	Healthy Drink & Corner	7:00 am	Healthy Drink & Corner	7:00 am	Healthy Drink & Corner
8:00 am	At Caprichos Restaurante Yoga	8:00 am	At Caprichos Restaurante Yoga	8:00 am	At Caprichos Restaurante Yoga	8:00 am	At Caprichos Restaurante Yoga	8:00 am	At Caprichos Restaurante Yoga	8:00 am	At Caprichos Restaurante Yoga		At Caprichos Restauran
6.00 am	At TierraLuna Gardens	8.00 am	At TierraLuna Gardens	0.00 am	At TierraLuna Gardens	0.00 am	At TierraLuna Gardens	o.oo am	At TierraLuna Gardens	0.00 am	At TierraLuna Gardens		
9:30 am	Road to the Pyramid "El Meco"* Meeting point Motor Lobby			9:30 am	Road to the Pyramid "El Meco"* Meeting point Motor Lobby			9:30 am	Road to the Pyramid — "El Meco"* Meeting point Motor Lobby			9:30 am	Road to the Pyramic "El Meco" Meeting point Motor Lobb
10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual
	At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá
10:00 am	Cold Press Juice	10:00 am	Cold Press Juice	10:00 am	Cold Press Juice	10:00 am	Cold Press Juice	10:00 am	Cold Press Juice	10:00 am	Cold Press Juice	10:00 am	Cold Press Juice
	At Lobby Bar		At Lobby Bar		At Lobby Bar		At Lobby Bar		At Lobby Bar		At Lobby Bar		At Lobby Bar
11:00 am	Healthy Refreshers	11:00 am	Healthy Refreshers	11:00 am	Healthy Refreshers	10:00 am	Zumba Kids	11:00 am	Healthy Refreshers	10:00 am	Yoga Kids	11:00 an	Healthy Refreshers
11:00 am	At Main Pool by Zak Honey Recipes Workshop	11:00 am	At Main Pool by Zak Essential Oil Synergies Workshop	11:00 am	At Main Pool by Zak Massage Lessons by Village Spa	11:00 am	At the Kids Club Facial Cleansing Workshop	11:00 am	At Main Pool by Zak Body Scrub Workshop	11:00 am	At the Kids Club Healthy Refreshers		At Main Pool by Zak
	At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Main Pool by Zak		
12:00 pm	Aquaerobics	12:00 pm	Aquaerobics	12:00 pm	Aquaerobics	12:00 pm	Aquaerobics	12:00 pm	Aquaerobics	12:00 pm	Aquaerobics	12:00 pm	Aquaerobics
	At the Main Pool	1:00 pm	At the Main Pool Floating Margaritas Experience At the Main Pool		At the Main Pool	2:00 pm	At the Main Pool Healthy Cooking Chef Riaz At Davino Restaurant		At the Main Pool		At the Main Pool		At the Main Pool
2:00 pm	Guacamole Class	2:00 pm	Healthy Cooking Chef Riaz	2:00 pm	Kids Mocktails	2:00 pm	Tequila Tasting*					2:00 pm	Kids Cooking Class
3:00 pm	At Legends Restaurant		At Davino Restaurant		At Legends Restaurant	·	At Pergola Zamá	3:00 pm	Painting Hour			3:00 pm	At Davino Restaurant
3.00 pm	Nail Spa At the Kids Club							3:00 pm	At the Kids Club			3.00 pm	Crazy Hairstyles At the Kids Club













Global Wellness Day









JUNE 16th - 22th

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
1	6-JUNE	17·JUNE		18·JUNE		19·JUNE		20·JUNE		21·JUNE		22·JUNE	
7:00 am	Healthy Drink & Corner	7:00 am	Healthy Drink & Corner	7:00 am	Healthy Drink & Corner	7:00 am	Healthy Drink & Corner	7:00 am	Healthy Drink & Corner	7:00 am	Healthy Drink & Corner	7:00 am	Healthy Drink & Corner
	At Caprichos Restaurante		At Caprichos Restaurante		At Caprichos Restaurante		At Caprichos Restaurante		At Caprichos Restaurante		At Caprichos Restaurante		At Caprichos Restaura
8:00 am	Yoga	8:00 am	Yoga	8:00 am	Yoga	8:00 am	Yoga	8:00 am	Yoga	8:00 am	Yoga		
	At TierraLuna Gardens		At TierraLuna Gardens		At TierraLuna Gardens		At TierraLuna Gardens		At TierraLuna Gardens		At TierraLuna Gardens		
9:00 am	Boarding Yoga	9:00 am	Yoga Bliss	09:00 am	Integral Yoga								
9:30 am	At Bridge Waterfall Pool Road to the Pyramid "El Meco"*		At the Beach	9:30 am	At the Beach Road to the Pyramid "El Meco"*			9:30 am	Road to the Pyramid "El Meco"*			0.00	Road to the
	Meeting point Motor				Meeting point Motor				Meeting point Motor			9:30 am	Pyramid "El Meco"
	Lobby				Lobby	10:00 am	Zumba Kids		Lobby	10:00 am	Yoga Kids		 Meeting point Motor Lobby
							At the Kids Club				At the Kids Club		
10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual
	At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá
10:00 am	Cold Press	10:00 am	Cold Press	10:00 am	Cold Press	10:00 am	Cold Press	10:00 am	Cold Press	10:00 am	Cold Press	10:00 am	Cold Press
	Juice		Juice		Juice		Juice		Juice		Juice		Juice
	At Lobby Bar Honey Recipes		At Lobby Bar		At Lobby Bar Massage Lessons		At Lobby Bar		At Lobby Bar		At Lobby Bar		At Lobby Bar
11:00 am	Workshop	11:00 am	Essential Oil Synergies Workshop	11:00 am	by Village Spa	11:00 am	Facial Cleansing Workshop	11:00 am	Body Scrub Workshop				
	At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá				
				11:00 pm	Healthy Refreshers		, it i orgota Zama	11:00 am	Coco Locos, Pai ai's & Margaritas				
			_		At Main Pool by Zak		_		At the Main Pool		_		_
12:00 pm	Aquaerobics	12:00 pm	Aquaerobics	12:00 pm	Aquaerobics	12:00 pm	Aquaerobics	12:00 pm	Aquaerobics	12:00 pm	Aquaerobics	12:00 pm	Aquaerobics
	At the Main Pool		At the Main Pool Floating Margaritas		At the Main Pool		At the Main Pool Healthy Cooking by		At the Main Pool		At the Main Pool		At the Main Pool
		1:00 pm	Experience			2:00 pm	Chef Paola Orozco						
0.00			At the Main Pool Healthy Cooking by				At Rooftop GB				Fish Market, Cocos		
2:00 pm		2:00 pm	Chef Paola Orozco	2:00 pm	Kids Mocktails	2:00 pm	Tequila Tasting*			1:00 pm	& Langosta	2:00 pm	Kids Cooking Class
	At Legends Restaurant		At Rooftop GB		At Legends Restaurant		At Pergola Zamá				At Pergola Zamá		At Davino Restaurant
3:00 pm	Nail Spa							3:00 pm	Painting Hour			3:00 pm	Crazy Hairstyles
	At the Kids Club								At the Kids Club				At the Kids Club





















SHARE YOUR EXPERIENCE #WellnessMonth



JUNE 23th - 29th

M	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
7:00 am	Healthy Drink Corner At Caprichos Restaurante Yoga At TierraLuna Gardens	7:00 am Healthy Drink & Corner At Caprichos Restaurante Yoga At TierraLuna Gardens		7:00 am Healthy Drink & Corner At Caprichos Restaurante 8:00 am Yoga At TierraLuna Gardens		7:00 am Healthy Drink & Corner At Caprichos Restaurante 8:00 am Yoga At TierraLuna Gardens		27 - JUNE Healthy Drink & Corner At Caprichos Restaurante 8:00 am Yoga At TierraLuna Gardens		28-JUNE Healthy Drink & Corner At Caprichos Restaurant Yoga At TierraLuna Gardens		7:00 am	9 · JUNE Healthy Drink & Corner At Caprichos Restaurant	
9:30 am	Road to the Pyramid "El Meco"* Meeting point Motor Lobby		7X HOHOLEMA GUAGAN	9:30 am	Road to the Pyramid "El Meco"* Meeting point Motor Lobby	10:00 am	Zumba Kids At the Kids Club	9:30 am	Road to the Pyramid "El Meco"* Meeting point Motor Lobby	10:00 am	Yoga Kids At the Kids Club	9:30 am	Road to the Pyramid "El Meco" Meeting point Motor Lobby	
10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	10:00 am	Mayan Ritual	
	At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá		At Pergola Zamá	
10:00 am	Cold Press Juice	10:00 am	Cold Press Juice	10:00	Cold Press Juice	10:00 am	Cold Press Juice	10:00 am	Cold Press Juice	10:00 am	Cold Press Juice	10:00 am	Cold Press Juice	
11:00 am	At Lobby Bar Honey Recipes Workshop	11:00 am	At Lobby Bar Essential Oil Synergies Workshop	11:00 am	At Lobby Bar Massage Lessons by Village Spa	11:00 am	At Lobby Bar Facial Cleansing Workshop	11:00 am	At Lobby Bar Body Scrub Workshop by Pevonia	11:00 am	At Lobby Bar Healthy Refreshers	11:00 am	At Lobby Bar Healthy Refreshers	
	At Pergola Zamá Healthy Refreshers At Main Pool by Zak	11:00 am	At Pergola Zamá Healthy Refreshers At Main Pool by Zak	11:00 am	At Pergola Zamá Healthy Refreshers At Main Pool by Zak	11:00 am	At Pergola Zamá Healthy Refreshers At Main Pool by Zak	11:00 am	At Pergola Zamá Coco Locos, Pai ai's & Margaritas At the Main Pool		At Main Pool by Zak		At Main Pool by Zak	
12:00 pm	Aquaerobics At the Main Pool	12:00 pm	Aquaerobics At the Main Pool Floating Margaritas Experience At the Main Pool	12:00 pm	Aquaerobics At the Main Pool	12:00 pm	Aquaerobics At the Main Pool	12:00 pm	Aquaerobics At the Main Pool	12:00 pm	Aquaerobics At the Main Pool	12:00 pm	Aquaerobics At the Main Pool	
3:00 pm	Nail Spa At the Kids Club			2:00 pm	Kids Mocktails At Legends Restaurant	2:00 pm	Tequila Tasting* At Pergola Zamá	3:00 pm	Painting Hour At the Kids Club			2:00 pm	Kids Cooking Class At Davino Restaurant	

ACTIVITIES & WORKSHOPS

Yoga Yoga

Stay Fit Workshop & Class Wellness Dining



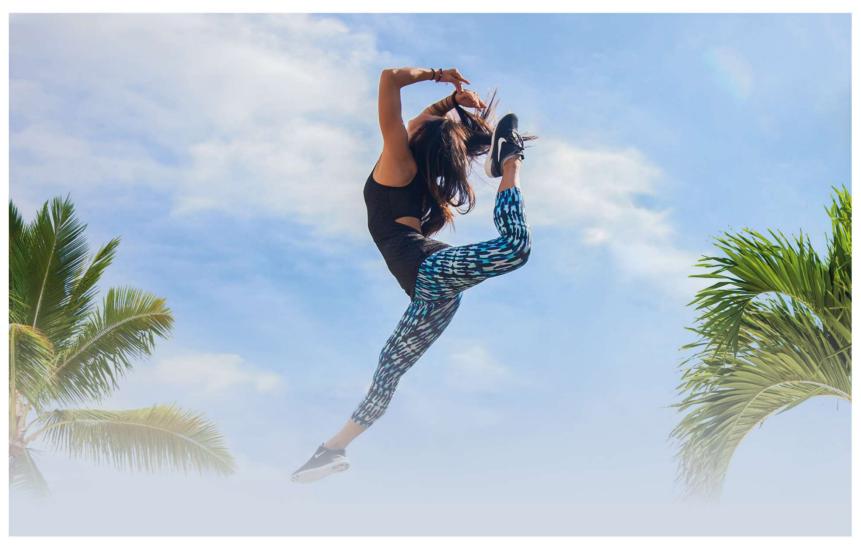






WELLNESS 2025 JUNE 30th







Yoga

Workshop & Class Wellness Dining





